



The Etz Hayim Synagogue Newsletter

September 2011



2 Elul—2 Tishrei 5771

From Rabbi Milkow: We have many ways of marking time. We mark time with calendars, suns, moons, birthdays, anniversaries, seasons and even tree rings. We have occasions which are important to us personally and then there are moments which we share as a nation, with a people, with humanity. And, of course, we have the Jewish calendar which helps to shape our weeks and our years and connect with our heritage.

We are now in the month of Elul *and* the month of September. During the month of Elul it is customary for us to prepare for the upcoming Holy Days with introspection and stock-taking. We reflect on the year that has passed and plan for improvement in the year to come. There is an old tale about a man who set forth to help heal the world. He soon realized that this was an impossible task. He then concentrated his efforts on his country. Still he was unable to affect change and so he then concentrated his efforts on his state. With little to show for his efforts he then concentrated on his city, and then he narrowed his focus even further to his neighborhood. And still, not having any success, he focused his efforts on only his immediate family. Ultimately, he realized that if he wanted to heal the world he needed to begin exactly where he stood. He needed to begin with himself to change, repair, heal his own life. And only then would he be able to truly help others.

The holidays are a time when we start with our own self reflection on how we can improve our personal lives, but this is only the beginning. If we do not help ourselves we will be unable to help others. The great sage Hillel taught: *If I am not for myself, who will be? But if I am only for myself what am I? If not now, when?* During this month take some time for self-reflection. Concentrate on renewing your connection to all that you consider to be holy. And as you reconnect to the holiness deep within you, you will strengthen yourself and then you will strengthen your family and your community and ultimately help bring healing to the world.

Shanah Tovah, May the new year be full of blessings for you and your family.

FROM THE RABBI EMERITUS, Louis Rieser

Dear Friends,

I began last week worried about the impact of Hurricane Irene on Florida only to breathe a brief sigh of relief followed by dismay as it missed us but hit you. I hope you weathered the storm well and that the effects are not long lasting.

As we visit synagogues in Florida we gain added appreciation for the many positive qualities that Etz Hayim offers. The warm welcome that characterizes our congregation is quite special as is the willingness to offer a helping hand. As I visit synagogues that are much larger, but where the singing is hardly heard, I appreciate your strong and enthusiastic voices. I never had any doubt, but I now see the strength of our community in a new light.

The High Holy Days are soon upon us. I will be leading services for a community of 30 households in southern Virginia – but will have you in my heart and the echo of Al Sandler's chanting in my ears. I wish you all many blessings for the upcoming year of 5772. May it be a year filled with blessings and prosperity.

WELCOME NEW MEMBERS...

We warmly welcome the following new member families to our Etz Hayim Community as we prepare for the new year. We look forward to getting to know you all!

✧From Epping: Marjorie and Scott Pim join us along with their sons Emmet and Haskel. Both boys attended our religious school program last year and are already comfortable at our Synagogue.

✧From Windham: Patty and Charles Lilienthal join us along with their daughter Rachael. We look forward to having Rachael enter our fifth grade class!

✧Cheryl Haas and her daughters Anna and Laura have become members. Anna will be joining our fourth grade class and Laura will be joining our Aleph Bet group.



Mazel Tov to Marjorie Mann and Luis Morales on their upcoming wedding. They will be receiving a special blessing from Rabbi Milkow during Friday night Shabbat services, September 2, 2011. We wish them all the best!

Pollack Insurance Agency

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Office: 603-434-4161 Fax: 603-386-6350
Cell: 603-661-7154

HIGH HOLIDAY SERVICES...

The Ritual Committee has been meeting with Rabbi Milkow and has formulated the following High Holiday Service schedule. Please note that we have added two family services this year, designed for attendance by our younger children ages 4 and older along with their parent(s). These should be approximately 45 minutes long. We plan to have childcare available during adult services on the first day of Rosh Hashanah, Kol Nidre and Yom Kippur morning services.

Wednesday, September 28, 2011 Erev Rosh Hashanah 7:15 pm

Thursday, September 29, 2011 Rosh Hashanah 9:30 am

Tashlich will follow the conclusion of services and will be held at Hood Pond, Derry

Family Service 2:30 pm

Friday, September 30, 2011 Rosh Hashanah 9:30 am

Regular Shabbat services will be held at 7:15 pm

Friday, October 7, 2011 Kol Nidre 7:15 pm

Saturday, October 8, 2011 Yom Kippur 9:30 pm

Family Service 3:00 pm

Afternoon Service 4:00 pm

Break Fast will follow closing services at sundown



SPONSOR AN ONEG

Do it in honor of your birthday, anniversary, friendship, your children, parents, or just because! It is easy and fun to do! Bring a challah, a few snacks, and enjoy Shabbat with your community!

To host an oneg, check the website to see if your date has already been claimed.

Then e-mail office@etzhayim.org to let us know of your date. We will post it on the website



MANY THANK-YOUS TO AL SANDLER FOR THE WONDERFUL FRIDAY EVENING SERVICE ON JULY 15.....AND OF COURSE, THE FABULOUS ICE CREAM ONEG!!

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TRANSITION COMMITTEE NEWS

We have established a transition committee to assist Rabbi Milkow in becoming acquainted with our community in general and each family specifically. Planning is underway for a variety of activities over the next several months which will most probably include, but not be limited to, the following:

October 15, 2011	early evening	Special Sukkot Family Activity (Save the date)
November, 2011	date/time to be announced	Rabbi Milkow's Installation
Small Coffee Gatherings	various dates and times	

Rabbi has already been busy meeting with teachers, individuals and committees as well as with setting up her office. You can reach her directly at the Synagogue Office (432-0004) or via e-mail (rabbi@etzhayim.org). Our first two Friday night services have been well attended. We know that each household will make every effort to attend services as well as special activities

Selichot Service September 24 at 7:00 pm

This year the community wide Selichot services will be held at Temple Beth Jacob in Concord, NH. Join all the area Reform congregations for a discussion of the Un'taneh Tokef prayer that will help prepare us spiritually for the upcoming days of Rosh Hashanah and Yom Kippur.

Trashy News From the Building Committee



Our trash is collected by our cleaning service as a courtesy to the synagogue, which saves us the cost of paying for a separate collection service. From time to time, the trash corral behind the synagogue gets quite messy due to items being thrown directly in barrels or on the ground. In order to maintain the good will of our cleaning crew, and continue to avoid paying a separate trash disposal fee, we all need to abide by the following guidelines:

1. All refuse must be bagged and **TIED** Securely.
2. Recycling items - Glass and metals can be mixed together. Please use the clear bags for recyclables. Cardboard is kept separate. Please flatten cardboard boxes.
3. Avoid putting anything directly in the barrels or on the ground.
4. Recyclables - including cardboard, should go in the marked container.

Please be considerate of our cleaning crew who are trying to help us out by collecting our trash for free :-)

BIRTHDAYS



Stephen Landau	Sept. 1	Jenny Rego	Sept. 15
David Riese	Sept. 2	Robert Rosenthal	Sept. 17
Daniel Cowan	Sept. 5	Ian Handel	Sept. 18
Harrison Feig	Sept. 6	Joseph Cowan	Sept. 18
Laurel Handel	Sept. 6	Deborah Bailin	Sept. 19
Eva Bak	Sept. 8	Janet Cerniglia	Sept. 19
Amalia Flaisher	Sept. 8	Luke Rosenthal	Sept. 24
Erica LeBlanc	Sept. 9	Maia Jay	Sept. 26
Brandon Tetler	Sept. 10	Linda McGrath	Sept. 27
Stacey Corey	Sept. 11	Larry Bach	Sept. 28
Joshua Wasserman	Sept. 12	Eliana Rosen	Sept. 28
Julia Maloof	Sept. 13	Alyson Sandler	Sept. 28
Rachel Schloss	Sept. 13	Craig Cerino	Sept. 29
Thomas Cowan	Sept. 15	Matan Soreff	Sept. 30
		Matthew Rosenberg	Sept. 30



ANNIVERSARIES

Andrew Corman & Colleen Hartnett	September 2
Cara & Joseph Lavoie	September 2
Ami & Larry Bach	September 4
Andrea and Jeffrey Meyer	September 5
Jill Pelunis and Bob Messier	September 11
Sarah Finne and Albert Sandler	September 12
Linda and Richard Rosenberg	September 13
Lisa and Joel Rothenberg	September 13
Laurie and Ted Medrek	September 20
Eric and Christine Israel	September 28



MAZEL

Bar & Bat Mitzvahs

TOV

You are invited to join the community in welcoming

Joshua Wasserman

As a Bar Mitzvah as he ascends to the Torah on Saturday, September 10 at 9:30 am

Allison Martin

As a Bat Mitzvah as she ascends to the Torah on Saturday, September 24 at 9:30 am

And to wish them and their families Mazal Tov

ELIJAH'S TABLE

A JOINT PROJECT OF

THE EPISCOPAL CHURCH OF THE TRANSFIGURATION

AND

ETZ HAYIM SYNAGOGUE

SOCIAL ACTION PROJECT - VOLUNTEERS INVITED

On Sunday, September 18 at the Synagogue

ALL MEMBERS OF THE COMMUNITY ARE INVITED TO JOIN US FOR DINNER.

5:00 PM–6:30 PM AT ETZ HAYIM SYNAGOGUE

IF SOMEONE IS ILL:

The Rabbi is happy to call or visit individuals when they are in the hospital or are ill, but the only way we can know that someone is in need of a visit is for you to inform us. Please let Rabbi know by calling the office at 432-0004. We regularly include prayers for healing (a Mi Sheberach) as a part of our service. Feel free to attend and to offer a prayer for people you know who would appreciate receiving a blessing.

DONATIONS

To the Building Fund from... David and Eva Riese

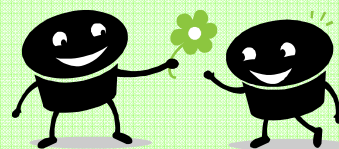
To the Rabbi's Discretionary Fund...

To the Building Enhancement Fund...

To the Torah Fund from...

To the General Fund from...

To the William Einhorn Interfaith Education Fund from...



To the Building Fund as part of Capital Campaign Pledge...

Jay and Rhonda Madnick, Larry & Ami Bach David and Eva Riese Doug and Jane Allen

Mark and Laura Aronson

DID YOU KNOW? WE TAKE PAYPAL!

You can make payments or donations to Etz Hayim via PayPal! Our PayPal name is payments@etzhayim.org

REFULAH SHEMELAH - FOR A SPEEDY RECOVERY

Cathy Wieder Nancie Sommer Audra Sherman Ami Bach Marlene Chamrin

Yahrzeit List

The Yahrzeit marks the anniversary of a death. Traditionally one recites the kaddish memorial prayer on the Yahrzeit of seven primary relatives: son, daughter, brother, sister, mother, father and spouse. It is customary to light a Yahrzeit candle the evening before the Yahrzeit date and to recite kaddish at services on the Shabbat close to the memorial date, usually the week ahead. For additions or corrections to this list, please contact Rabbi Rieser. We also provide a Yahrzeit Finder, listed under Resources on our web site, www.etzhayim.org

Please note that all dates listed are according to the Hebrew date of death, which will vary from year to year.

Yahrzeits to be read on September 2, 2011 (3 Elul 5771)

Rebecca Soreff	1 Elul	
Marcia Goldstein	1 Elul	15-Aug-07
Sylvia Kloin Disenhof	4 Elul	4-Sep-08
Sally Rosenberg	4 Elul	
Julie Walt	5 Elul	5-Sep-00
Joe Bach	5 Elul	29-Aug-06
Stacey Saren	5 Elul	19-Aug-07
Rubin Russell	6 Elul	26-Aug-09
Leon Chamrin	6 Elul	11-Sep-67
Freida Mollie (Pritzker) Wieder	8 Elul	5-Sep-03
C. Kenneth Solomon	9 Elul	11-Sep-97
James Higgins	9 Elul	7-Sep-92

Yahrzeits to be read on September 9, 2011 (10 Elul 5771)

Jason McCune	10 Elul	24-Aug-07
Jim Palmer	16 Elul	2-Sep-04

Yahrzeits to be read on September 16, 2011 (17 Elul 5771)

Esther Chamrin	17 Elul	10-Sep-06
Harold Feig	18 Elul	20-Sep-97

Yahrzeits to be read on September 23, 2011 (24 Elul 5771)

Bill Steinhart	26 Elul	23-Sep-03
Lazer Zlotowicz	27 Elul	
Patricia Steinfield	28 Elul	28-Sep-00
Sophie Zuk	1 Tishri	21-Sep-95

Yahrzeits to be read on September 30, 2011 (2 Tishrei 5772)

Benjamin Taylor	3 Tishri	2-Oct-00
Phillip Scott	6 Tishri	13-Sep-91

Yahrzeit Plaques

If you wish to purchase a Yahrzeit Plaque for a loved one, please contact Larry Boise at L.boise@comcast.net or 603-432-9291. The requested donation is \$250.00. Larry will need the English name, Hebrew name and date of death to have the plaque cast. Our non-Jewish loved ones may also be remembered with a Yahrzeit plaque (the Hebrew name is omitted).

SEVENTH ANNUAL RAFFLE
2 FRONT ROW SEATS
BOSTON RED SOX
VS
NEW YORK YANKEES
Tuesday, August 30, 2011 at 7:10 PM
The seats are generously donated by the Saren family.

These are in the first row (i.e., the front row) at the visitor dugout (Sec 26, Box 65)!!

And the winner of the 2011 Red Sox / Yankees Raffle is.....
Judi Niemeyer of Salem, NH. The winning ticket was sold
by Jill Pelunis.

Many thanks to all of those who helped make this a successful fundraiser, particularly our perennial best salesman, Roy Aboody. **Roy sold \$760 worth of tickets!!** Please let your buyers know the results of the raffle, and how grateful we are for their participation. We are also extremely grateful to the Saren family for donating these very valuable tickets. This was the 7th year they have donated Red Sox tickets, and the 6th year they have donated Red Sox/Yankees tickets.

Thank you for another successful raffle and a special thank you to Laurie Medrek and the Saren family.

GO SOX!

Rabbi Milkow pulling the winning ticket:

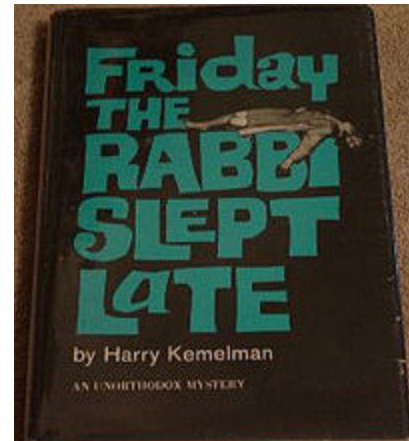


The Etz Hayim Book Club
will next meet
Sunday Oct 23, 2011 10 -11:30 AM
At the synagogue

Friday the Rabbi Slept Late ([*The Rabbi Small Mysteries #1*](#))
by [Harry Kemelman](#)

Publisher: I Books (April 30, 2002)

Rabbi David Small, the new leader of Barnard's Crossing's Jewish community, can't even enjoy his Sabbath without things getting stirred up in a most unorthodox manner: It seems a young nanny has been found strangled, less than a hundred yards from the Temple's parking lot — and all the evidence points to the Rabbi.



[http://www.goodreads.com/book/show/298357.Friday the Rabbi Slept Late](http://www.goodreads.com/book/show/298357.Friday_the_Rabbi_Slept_Late)

For more information contact Steve Soreff 603 895-6120 email soreffs15@aol.com



From Generation to
Generation

Etz Hayim Synagogue
1 Hood Road, Rabbi Bryna Milkow
Classes Open Sept 6 sign up today
432-0004 education@etzhayim.org



Ecosmith Recycling

Have you noticed the huge tan bin next to the waste bin on the driveway of Etz Hayim? Ecosmith Recyclers of Londonderry has partnered with Etz Hayim to recycle clothes.

What do we get out of it?

- Payment of 3 cents per pound on the collected items
- A chance to support a local business
- Tikkun Olam – we can be green and get some green at the same time
- Cleaner closets and basements

Acceptable items do not have to be in usable condition so this is a great place to get rid of torn jeans and other soft goods like sheets and towels which are no longer usable.

Collection Materials

- used clothing
- household linens
- paired footwear
- stuffed animals
- belts
- pocket books



So pack up your old clothes, stuffed animals and shoes and drop them in the bin. You will be helping to support Etz Hayim and a greener planet!



OFFICE HOURS

The office will be open on Tuesdays and Fridays from 1:30 PM to 4:30 PM

You may call the synagogue at 603-432-0004 at any time.

ETZ HAYIM SYNAGOGUE www.etzhayim.org

Rabbi Bryna Milkow 603-432-0004 rabbi@etzhayim.org

Rabbi Louis Rieser, Rabbi Emeritus lrieser@ravlou.net

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EDUCATION NEWS

Welcome back to a new school year! We are pleased to announce that all of our teachers will be returning this year except, of course, for Rabbi Rieser. Rabbi Milkow has been meeting with both the teachers as well as the education committee and we do expect an “almost” seamless transition. We would remind everyone that the first night of classes are as follows:

Tuesday, September 6, 2011 Classes and Registration begin at 6:00 PM

Wednesday, September 7, 2011 Bar/Bat Mitzvah class begins at 5:00 PM

Sunday, September 18, 2011 Sunday Family Camp begins at 10:00 AM

If you have not yet sent in your registration and liability forms they are available online at our website for downloading (www.etzhayim.org). They have also been e-sent to everyone so look for them in your e-mail. We would ask that you either bring the forms to the office prior to September 6 if possible, (office hours are Tuesday and Friday afternoons 1:30 to 4:30) or fill them out and bring them with you ON September 6. Please remember that you may NOT drop your child off for ANY classes and leave the building unless we have registration material in hand. Sunday Family Camp registration can be accomplished on September 18 however, please plan to arrive at the Synagogue at 9:30 if you have not preregistered your child to allow us to begin programming on time. School calendars are also available at the website as is the education handbook. Please review the handbook as we have made some changes and be sure to print out a copy of the calendar for your family. We will have some paper copies available for those who need them but are trying to save on printing costs.

PARENTS OF TUESDAY NIGHT STUDENTS: Please plan to stay in the building for the first night of classes. Parent/child/teacher meetings have been built into our first night programming. Additionally, you will have an opportunity to meet Rabbi Milkow if you have not done so already.

WEDNESDAY NIGHT PARENTS: We will be having pizza delivered for dinner at 6:00. From 6:25 to 6:40 we have changed our programming slightly to include a “group gathering” time. Even if your child is not eating with everyone at 6:00, be aware of this new programming segment built into the evening and be sure your student attends.

Questions or concerns can be addressed with either of our education chairs, Michael Schloss and Jon Kane, as well as with Rabbi Milkow or Jill Pelunis, BOD education liaison. Feel free to contact us in person or via e-mail at education@etzhayim.org. We are also still looking for a few additional members to serve on the education committee so let us know of your interest. Our meetings are generally held regularly on the second Wednesday of each month. As always, communication with your child’s teachers is also welcomed. This can be accomplished either directly or via the e-mail address above. We look forward to a wonderful school year under Rabbi Milkow’s guidance.



UPCOMING EVENTS AT ETZ HAYIM

- **RELIGIOUS SCHOOL BEGINS:** *Tuesday, 9/6 at 6:00 PM;*
Wednesday, 9/7 at 5:00 PM (Bar/Bat Mitzvah Class)
Sunday, September 18 at 10:00 AM (Sunday Family Camp)
- **TRANSITION COMMITTEE MEETING** *September 8 at 7:00 PM*
- **BAR MITZVAH:** *Saturday September 10 at 9:30 AM*
- **EDUCATION COMMITTEE MEETING** *September 14 at 7:00 PM*
- **ELIJAH'S TABLE:** *Sunday, September 18 from 5:00 PM-6:30 PM*
- **BAT MITZVAH:** *Saturday September 24 at 9:30 AM*
- **SELICHOT SERVICE** *Saturday September 24 at 7:00 pm in Concord, NH*
- **ROSH HASHANA SERVICES BEGIN** *September 28 at 7:15*
- **ETZ HAYIM BOOK CLUB:** *Sunday, October 23 10:00 AM—11:30 AM*



Etz Hayim Synagogue
1 1/2 Hood Road
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03038