

## Shabbat at Squam Lake October 2, 2010

Meet at Etz Hayim Synagogue, 1-1/2 Hood Road, Derry, at 8:15 AM to carpool or at the trailhead in Holderness at 9:45 AM.

Please email [davidriese@yahoo.com](mailto:davidriese@yahoo.com) if you plan to go or if you have questions

We will hike West Rattlesnake Hill, an moderate hike of 1 mile on the "Old Bridle Path" trail with a 450 foot elevation gain. Estimated hiking time is 35 minutes each way. This hike is very popular for people of all ages, including older folks and families with children. At the top we will (weather permitting) be treated to an inspiring view of Squam Lake spread out at our feet. Rabbi Rieser will lead a nature-themed worship service and we will share our snacks and treats.

Bring: Sturdy walking shoes or boots, drinking water, snacks to share, hat, sun-block, sweater/jacket/poncho

Optional Side Trips: The Squam Lakes Science Center is a short drive from the trail head, there are also other longer hikes that can be taken from the same trailhead including a 4.8 mile loop across Mts. Morgan and Percival just to the north.

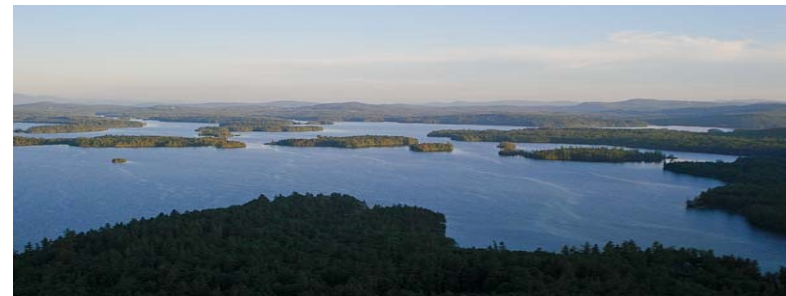
Directions to the trailhead:

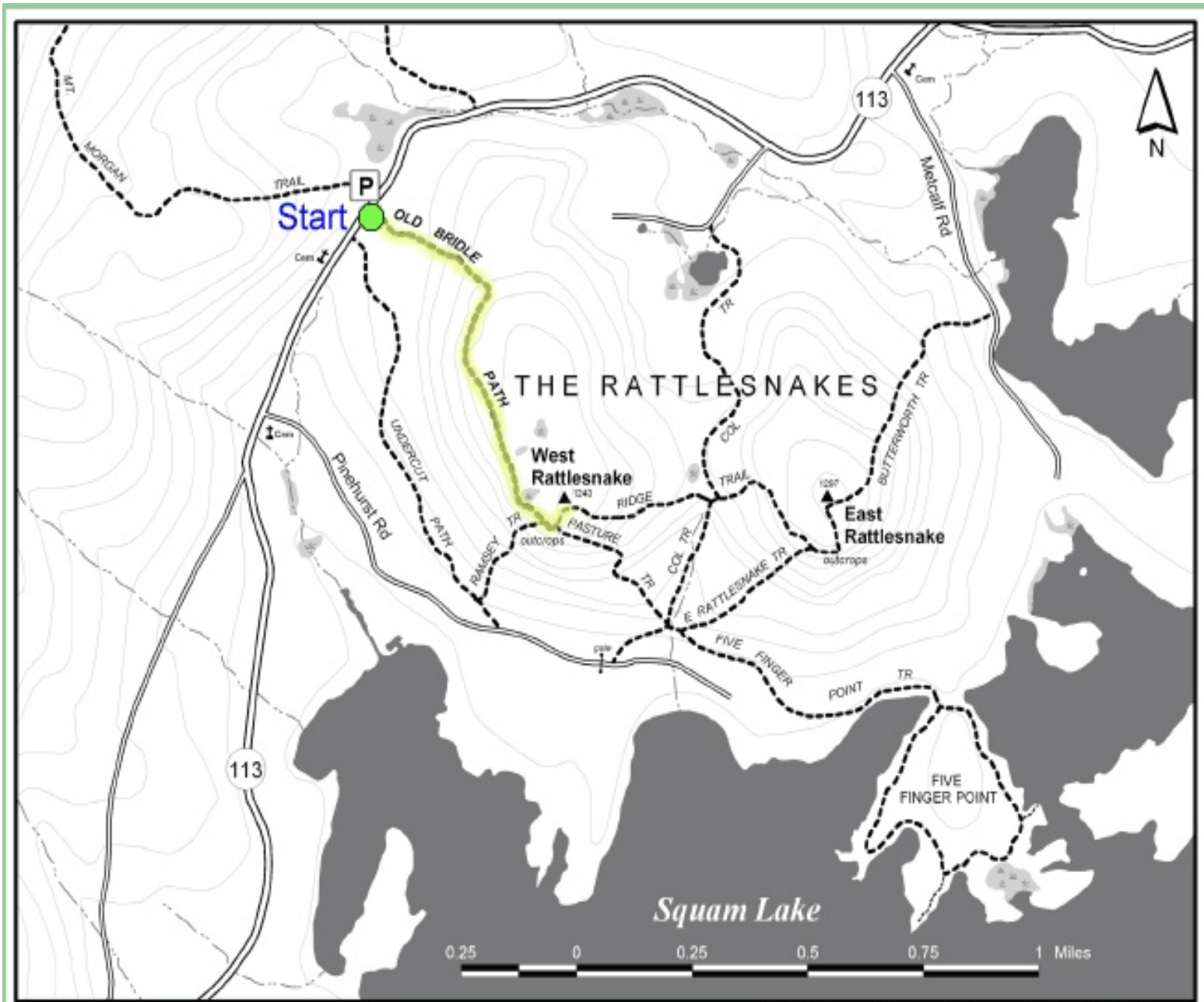
- I-93 exit 24, Rte 3 South to Holderness, about 4.5 miles
- In Holderness, turn Left on NH Rt. 113, continue about 5.5 miles
- At the top of a hill, just past Pinehurst Road on the right, park in the small lot on the right side of the road (there is some additional parking a little farther down on the left).

Rattlesnake hike info:

<http://www.hikenewengland.com/RattlesnakeWestGen1.html>

Squam Lakes Science Center info: <http://www.nhnature.org/>





Maps by Ben Kimball, June 2007. Photo by Dan Sperduto, June 2006.